

Friends of Kingstone High School

PARENTS, CARERS, STAFF, TEACHERS, FRIENDS

'CHARITY BEGINS IN SCHOOL'

We are NOW collecting Christmas items for the
House Hampers Raffle
 and non-Christmas items for the **Food Bank**.

Donations will support families in school.
 Surplus going to the Food Bank
 at the end of term.

See posters on the school website for ideas.

Prizes to be won:

A vacuum cleaner
 £25 Charcuterie vouchers
 2 x £10 Meat vouchers from Herefordshire Meats
 4 x £5 Fuel Vouchers – Locks Garage
 2 Cinema Tickets – The Courtyard



WINNING HOUSES GETS:



200 Points



100 Points



75 Points



50 points



RAFFLE TICKETS

Tickets will be available
 from the school office
 and the HUB for £1 a
 strip.

Raffle to be drawn on
 Wednesday 15th
 December.

Shop&Give this Christmas

via
shopandgive.thegivingmachine.co.uk

Raise FREE donations for us



Shop & Give

Powered by TheGivingMachine

**SHOPPING ONLINE FOR
 CHRISTMAS?**

FREE MONEY FOR FRIENDS OF
 KINGSTONE HIGH SCHOOL WITH

SHOP & GIVE!

SIGN UP CODE: 63066

Parentkind

Bringing together home & school

FREE RESOURCES TO HELP SUPPORT LEARNING

FOCUS ON: What is school refusal, and what might be behind it?

School refusal is often known as school phobia. There is an element of fear for children who do not go to school, a feeling that they cannot cope. They might be anxious about schoolwork, or struggling with relationships with friends or teachers. Some children feel out of step with their classmates: this is especially true of children who are young for their age and see all the others in their groups as older, more confident and more grown up.

Read what you can do to help here:

<https://www.parentkind.org.uk/Parents/School-refusal---a-problem-for-the-whole-family->

SCHOOL LIFE

<https://www.parentkind.org.uk/For-Parents/Parent-Hub/School-Life>

SAFETY AND WELLBEING

<https://www.parentkind.org.uk/For-Parents/Parent-Hub/Safety-and-wellbeing>

SUPPORTING LEARNING

<https://www.parentkind.org.uk/For-Parents/Parent-Hub/Supporting-Learning>

UNDERSTANDING EDUCATION

<https://www.parentkind.org.uk/For-Parents/Parent-Hub/Understanding-Education>

GET INVOLVED AT SCHOOL

<https://www.parentkind.org.uk/For-Parents/Parent-Hub/Get-involved-at-school>

PARENT POWER

<https://www.parentkind.org.uk/For-Parents/Parent-Hub/Parent-Power>



[@kingstone_dt](#)
[@kingstonehigh_pe](#)
[@kingstonemaths](#)

FRIENDS OF KINGSTONE ARE LOOKING FOR MEMBERS AND VOLUNTEERS. INTERESTED?

Enquire at: vseymour@kingstoneacademy.co.uk

Kingstone High School, Kingstone, Hereford, HR2 9HJ
 01981 250224 **EMAIL US**

Last day of term: Friday 17th December

Link to the [School Calendar](#)