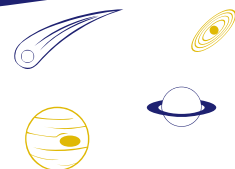


# Kingstone academy news

SUMMER ISSUE 2016



## Space Spectacular



Over the last two months, we have thrown open our doors to over 300 students, from Year 5, to experience life at the High School. We invited many of our local primary schools to spend two days with us enjoying a range of lessons and activities based around the theme of space.

Day 1 saw the students learning about the Science behind rockets; completing a Maths Mars mission as well as building, in D&T, their own rockets before launching them on the school playing field. After that exhilarating day, we asked the Year 5s to return to enjoy Day 2!

Day 2 consisted of learning basic Russian in MFL; becoming Astronaut Fit in PE and programming, in ICT, a Rover to

complete an obstacle course. To finish off, Year 5s were then given one hour, for English, to produce the front page of The Kingstone Chronicle informing and explaining the two day event. These front pages will be returned to each respective Primary School, in September, along with the list of winners and prizes!

Thank you to all Year 5s, and their supportive teachers, for making the days so memorable. The students' behaviour was excellent and it was a pleasure to have them visit us. We have had wonderful feedback from a number of schools, so we know that all the hard work we put in to running these days was worthwhile.

We look forward to the next ones



See the fantastic film made by Herefordshire's Shooting Reels Productions which was shot over the 4 learning days at Kingstone High school.  
**It is on our Youtube Channel... [www.youtube.com/watch?v=KVnsIPZA6PU](http://www.youtube.com/watch?v=KVnsIPZA6PU)**  
with many thanks to Stuart and Ed Deacon for their support. <http://shootingreels.com>

*Shooting Reels*  
FILMS

ACHIEVING SUCCESS TOGETHER



**Kingstone**  
ACADEMY TRUST



**“It is a pleasure to see a great number of our students learning new skills and getting involved”**

**Mr S Fisher**

This year has seen Kingstone building on the success of our Ofsted inspection and the superb examination results we achieved last year – the best in our school’s history and which puts us into the top four schools in Herefordshire, leaping ahead of many other schools. We take great pride in our students and the comments we have received from members of the public this year about their smartness and excellent behaviour in public back this up.

We are also delighted to be recognised nationally for the progress our students are making. This spring we received a letter from Nick Gibb MP Minister of State for schools offering his warmest congratulations for our schools excellent improvement; making us one of the top 100 non-selective state schools in the country showing the greatest sustained improvement in the percentage of pupils achieving 5 or more A\* to C grades including English and Maths.

We are looking forward to this year’s results as all the evidence is pointing to another bumper year for our students. The primary school has just received its best SAT results ever with a combined score of 74% against a national figure of 53%, which is recognition of all the hard work that the Year 6 students and their teachers have been putting in.

We now have a culture of self-improvement embedded across the academy and will continue to build on our successes. This is achieved by an excellent staff team working together. They are determined and caring, and honestly want every student to do their very best. Our staff go above and beyond to ensure that this happens. We have found the change to the times of the school day and additional break times to be really beneficial to our teaching and learning.

Our Ambassador programme for Year 8 and 9s is helping to build social skills, leadership skills, team working and planning. We are proud of Ambassadors and of the way they are managing the library, supporting our learning days and school events, and hosting tours of the school. It is a delight to watch them mentoring younger students.

It feels like this year we have really found our feet as an Academy. The High School and Primary School are working together well and this has created its own added value. Staff and students are moving across both sites and primary students are receiving specialist subject teaching and use our specialist facilities. We are becoming renowned for having good range of options and a balanced curriculum, and, out of the classroom, for the range of clubs and activities we offer. It is a pleasure to see a great number of our students learning new skills and getting involved.

In September new members of staff at the High School are: Mr Jacob Ashworth to the music department and Mrs Amy Knibbs to the ICT department; and at the Primary School Miss Amy Bilbrough and Miss Kimberley Harrison as class teachers. We look forward to welcoming them to Kingstone Academy Trust.

This newsletter gives you a flavour of just some of the things we have been involved with over the spring and summer terms. At this time of year we have said goodbye to our Year 11s and welcomed Year 6s up to High School for their transition day and have held our annual series of amazing learning days for Years students from school across Herefordshire. The PTA is thriving, read more about it in this newsletter, and we have received planning permission for our sports hall development, now comes the focus on fundraising to make it a reality for our community.

It is exciting to be moving forward together at this stage in Academy development; a large number of students have joined us during the course of the year, many because parents and carers have heard about what we are doing and are choosing Kingstone for their child. We welcome visits at any time and also have open days on 20th and 28th September and on 6th October, with an Open evening on 5th October. These are normal working days and our students will be running the tours and answering your questions. Come and join us and see what we are doing.

**Mr Steven Fisher**



# The End of the Year

The last two full days of term were our annual off timetable activity days. The PE department organised trips to Jumpstastic for trampolining, and 9 hole golf.

The Maths department organised trips to the West Midlands Safari Park and Oakerwood

The science department took students to Thorpe Park, paintballing at Battlelands and surfing at Llangeneth on the Gower, and the English department took students to Hereford for swimming, tennis cinema and Nandos.

There were also overnight trips to Birmingham for Art and Music to see Mamma Mia and visit galleries, and a trip to PGL at Langorse for team building and outdoor activities. In school we had sculpture, tennis, trampoline lessons, basketball summer sports, pizza making and crafts and textiles.

We also had a team from the Army with us for the two days, who brought their climbing wall, inflatable assault course, field crafts and mountain bike and they managed to teach 3 students to ride bikes. It was glorious hot weather and on Tuesday students were glad to cool off with a water slide.



## New Head Boy and Head Girl for 2016-17

We have just appointed our Junior Leadership Team for the academic year 2016 to 17. Students wishing to put themselves forward for the positions of Head Boy or Head Girl had to write a formal letter of application and the

shortlist attended a formal interview with Mr Fisher, Mrs Butler and Mr Ruvino. The JLT have an important leadership role to play in the life of the school and are given their own common room.

This year we are delighted to announce that our Head Boy is Dylan Rudolph and our Head Girl is Jessica Harrison. They will be ably supported by Deputy Head Boy Joe Heeley and Deputy Head Girl Sarah Gabrielides.

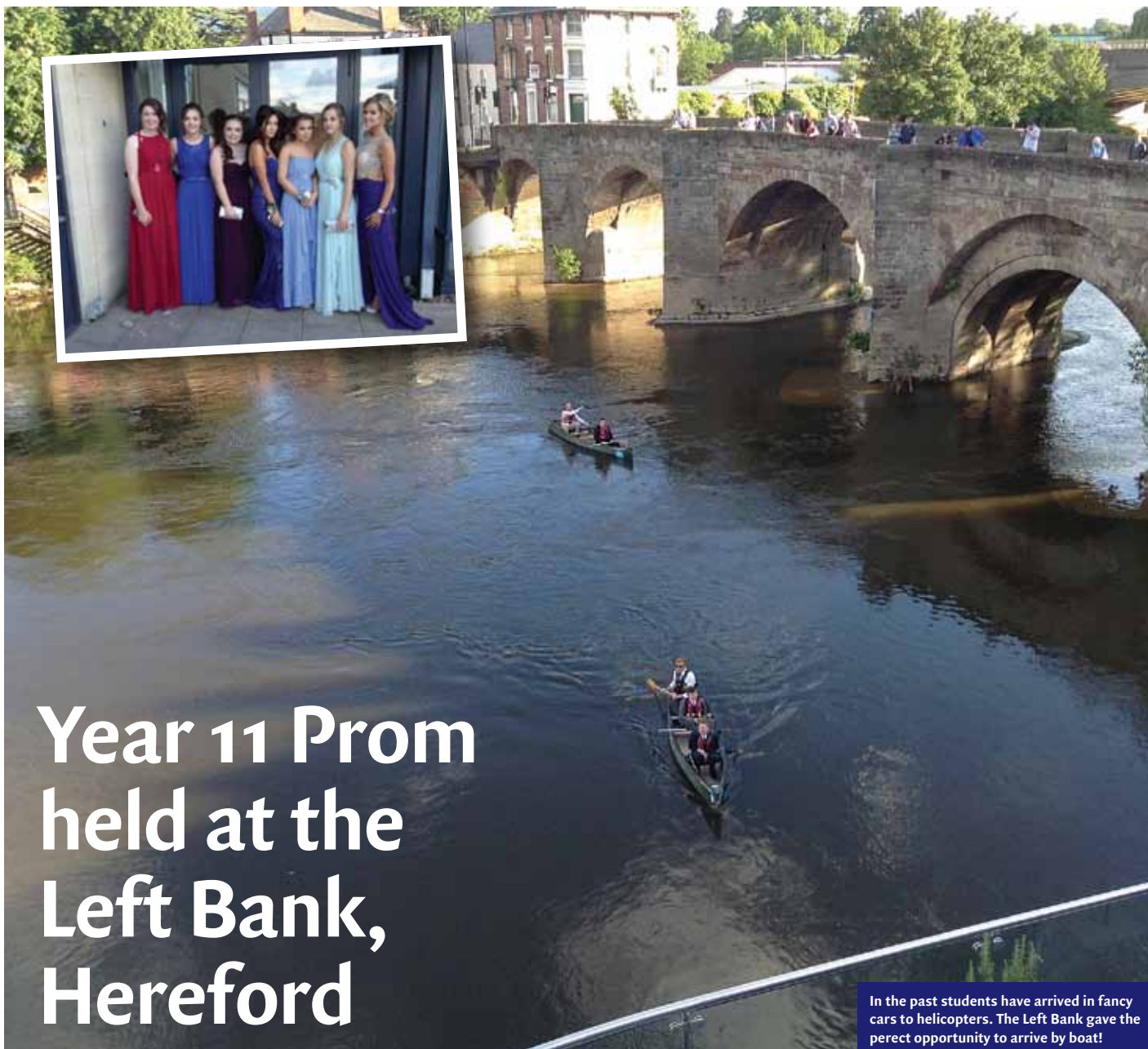
### Prefects are:

- Abi Barnes
- Joseph Bridges
- Megan Capel
- Summer Cooper
- Ebony Davies
- Ellie Guy
- Max Gwilliam-Gardner
- Katie Hughes

- Matthew James
- Daniel Jones
- Eve Jones
- Joel Jones
- Katie Jones
- Rebekah Lloyd
- Lana Mason
- Cameron Morgan

- Charlotte Osborne
- Libby Payne
- Harry Roadnight
- Caitlin Swift
- Holly Vale
- Nathan Westcott
- Alex Williams
- Will Woodward





# Year 11 Prom held at the Left Bank, Hereford

In the past students have arrived in fancy cars to helicopters. The Left Bank gave the perfect opportunity to arrive by boat!



Year 11 students  
leaving school for  
the last time



Dan Haines and  
Niall Jones



Alfie Lewis, Eden Robinson, Charlotte Ward and  
Megan Keane

## Outdoor Trigonometry

This summer term, as the sun has been shining, our Year 9 students have had the chance to get up close and personal with trigonometry in the real world. After studying the topic we decided to get outside and put this study into practice!

The classes spent time creating their own clinometers and collecting measures in order for them to find missing heights of different objects and buildings around the school grounds. This was a fun and enriching experience for the students, to which one student stated "now I have applied the skill to real life and had a go myself, I understand it!"

This is the kind of learning that we feel will embed those trickier topics in Mathematics, which makes it that much easier and enjoyable for our pupils.



## Induction Day

Kingstone were proud to welcome the Year 6 pupils from a variety of Hereford Primary schools, on the 30th June and who will join us in September as our new Year 7 students.

As they arrived, they were greeted by some of our current Year 7 pupils, who went on to support them throughout the day and were able to talk about their experiences, to help put them at ease.

Pupils had the opportunity to meet their new form tutors and enjoyed the delights of science, art and DT lessons. Afterwards, pupils were able to take home their creative endeavours.

In the evening, parents were invited to visit the school giving them the chance to meet with the form tutors, Head teacher and pastoral Leader.

The day was very successful and we look forward to seeing some of you at Summer School Monday 15th August until Friday 19th August and if not then, in September.

**Mrs Darcy**  
**KS3 Pastoral Lead**



## The Careers Department this Year

Our year 11 leavers have had a busy year starting with putting together their own C.V. last November, after a presentation on preparing a C.V. from Gail Kilminster from Herefordshire and Ludlow College, as well as preparing for a 'Mock Interview' day in February when individuals from local and national businesses gave up their time to interview our year 11's to help prepare them for the 'real' thing.

The year 11's also had to think about appropriate business wear, how body language affected their performance e.g. eye contact, smiling, hand-shakes, etc. and how to 'sell' their skills and bring the best of themselves to the interview. This can be a nerve wracking affair, but everyone feels so much better after they've done it! It can help with college or apprenticeship interviews and help when looking for part-time jobs.

Alongside this they have each had a careers interview, at least once, with myself, and support through the application processes, visits to colleges, taster days and the chance to research a variety of career websites to help them make their choices and realise the

huge variety of careers available to them. We also held a Careers Evening in November and invited businesses, colleges, universities, the Armed Forces and many more to have a stand and give out information to years 9/10/11.

Our year 9's had their Option Choices evenings with Mr. Butler and the chance to try subjects, for most of the year, before signing up to them for year 10. This should give them huge confidence in the subjects they have chosen to study for their G.C.S.E's.

Our year 10's have just finished their C.V's and will be going on the Three Colleges visit on July 12th to Hereford Sixth Form College, Herefordshire and Ludlow College (to include Holme Lacy), and to Hereford College of Arts to enable them to start to try out different subjects. They will carry on with their exploration of courses/apprenticeships and careers in year 11.

Alongside all of the above many teachers have helped our students, across all years, to be outward thinking by taking them on trips to find out about a huge variety of subjects/industries and experience new and exciting events. So, thank you from me.

**Mr Waters**

# “Stop whining ....straighten your tie...”

“Stop whining ....straighten your tie....” No, not a telling off from one of the teachers, but a genuine ‘piece of advice’ from the leader of our country - and who was the recipient of this attack?... Jeremy Corbyn.

On the 24th of February, four year 11 students visited London and the Houses of Parliament to watch Prime Minister’s Question Time and it turned out to be an incredibly interesting experience. We were there to gain a perspective on debating to aid us in our preparation for the regional debating competition run by the English Speaking Union, after having beaten local schools in November.

After an early start, we experienced the liveliness of London including the squash of the London Underground! We exited the tube into beautiful sunshine, and stood at the foot of Big Ben. There were iconic red buses at every turn with advertisements drawing our attention away from the adorable St.Bernard’s perched at the corner accompanying their busker owners. After negotiating security at Cromwell Green, we made our way to Westminster Hall to admire the plaques stating historical moments such as the condemning of Thomas More followed 500 years later by the visit of Pope Benedict.

In the heavily guarded central lobby we tried our best to avoid becoming part of a BBC broadcast and waited to collect our tickets. Jess Norman’s office manager, Prindie, met us and made sure we had the best seats. It was strange to hear the yell of ‘Speaker’ as the MPs assembled.

Up in the gallery, protected by thick glass we played ‘spot the politician’ as we waited for them to arrive. We were amazed at how, during the questioning



of the Welsh Minister, the MPs entered in their own time, some on mobile phones, others quietly chatting. They’d never get away with this in a class at Kingstone! The debate itself was very entertaining. We had been hoping for some questions on Europe but as it was, the NHS provided lots of heat from both sides of the house.

After the questions, we were given a tour of some of the key areas by Jesse Norman’s parliamentary assistant, Tom Kennedy. It was great to stand on the MPs terrace overlooking the Thames and imagine what a life in politics would be like. He also told us all about how he found himself in his job, and it gave us food for thought – could we do that one day?

After a walk around Whitehall and Downing Street we returned to Paddington and an already booked up train. We chatted about what the day had given us and all agreed that the world of the politicians was much

different to the lives of most of us, and is not as glamorous as we might think. Being guarded by police officers is quite intimidating to begin with. In addition, you have to work 4 times a week away from home. The train journey is long, especially if you do it regularly, and there are many, many meetings. However, if you get that far, you get to rub shoulders with other influential people, live in a busy and exciting place and hopefully make a difference.

As students, we were given an insight into life beyond school, beyond our own current lives, and beyond what we imagined we could do as a career.... it’s easy to have a perspective on the politicians; however it truly is amazing to see them live!

Now, we must try to apply some of the skills we learned in the chamber to our next debating challenge!

**Alisha Haley, Chelsie Jones,  
Megan Keane, Thomas Malins  
and Mrs Kennerley**





## Of Mice and Men

On Wednesday May 4th 2016, Year 9s went to Cardiff to see the play *Of Mice and Men*, which was written by the American author John Steinbeck. It is based in the great depression of America in the 1930s.

We had already read the book and learnt about the lives of the ranchers and the dreadful racism that occurred through a character called Crooks.

We all thoroughly enjoyed the play. All of the actors played their parts well, although Taylor and I both feel that Candy's dog outshone them all! The play remained true to the novel and it was a pleasure to watch. Even though we all knew the ending, it was still sad to watch poor Lennie be shot by George.

If you get the chance, go and see this at a theatre – you won't be disappointed.

**Taylor Davies and  
Jacob Fletcher – Year 9**

## London English Trip

What a trip! This trip was packed full of exciting and enjoyable moments. The best part of the London trip for me was seeing *War Horse*. What an experience I had. If I could, I would do it over again. It was blast off from the beginning and when we had some free time, we went shopping. I enjoyed every bit of that – just spending quality time with my mates.

As I said, this trip was packed full of activities such as: London Dungeons, Ice Skating, *War Horse*, *Woman In Black*, St Pauls Cathedral and a lot more.

On the second day of the trip, we went to see St Pauls Cathedral. We had a little introduction of what we would be doing, then we set off up to the top of the building. We climbed up the 500+ flights of stairs and got to the top exhausted, but exhilarated, and boy was it worth it! If you haven't been up to the top of this magnificent building, I urge you to do so.

Lastly, going on the London Underground for the first time was a very good experience- at least I now know all my way around London.

I would just like to thank all the teachers, who prepared this trip for us and for taking us.

**Harry Lewis (Year 10)**



## The Tempest Workshop

This was great fun. A Year 13 group from Hereford College came to give Year 8 students a drama workshop on *The Tempest*. We all had different scenes to play, so eventually we were all able to come together to act out the entire play. Everyone tried to be as noisy as possible, but we were in the canteen, so nobody complained.

I hope that we can do something like this again, as it was different and fun for everyone. It also helped me understand *The Tempest* in more detail, which was great.

**Ella Walker – Year 8**



**The Carnegie Team:**  
Reanna Celozzi  
Ayesha Smith  
Toby Jordan  
Rhy Roberts  
Bethany Seymour  
Stephanie Wall  
Taryn Semple  
Sunflower Mitchell

The maths department has been busy promoting maths in many ways...

## Maths Competitions

We have participated in a number of maths competitions to enable some of the more able students the opportunity to experience the lateral thinking required for many maths problems. The UK Maths Trust organises competitions every year for all age groups. These are very prestigious events recognised by all colleges and Universities.

### UK Maths Trust – Junior completion Open to year 7 and 8

Malik Kellow was awarded the best in school and best in year 8. He was also awarded the Gold award. Amongst the rest of the year 8, Jake Worwood was awarded a Silver award and Bronze went to Danni Easedale, Morgan Wells, Lucy White, Keri Palmer and Sophie Field.

In year 7 Bronze went to Ben Perry, Zak Munslow, Cameron Bryan, Fynley Davies and Rhys Roberts; with Ben Perry achieving best in the year.

### UK Maths Trust –Intermediate completion Open to years 9,10 and 11

Once more we achieved success in the second round of this competition with Alex Hughes being invited to participate in the Pink Kangaroo. The Kangaroo competitions are an annual competition aimed to promote mathematics amongst young people around the world – originally inspired by the Australian Mathematics Trust. Our congratulations go to Alex for this achievement.

Alex was also the best performer in the school and year 11, he was also the only member of the school to achieve a Gold Award. Silver Awards went to Harrison Wells, Thomas Malins, Matthew Williams and Sian Drinkwater; with Sam Hope, Aaron Williams, Joseph Wong and Lauren Meyrick being awarded the Bronze Award.

Our year 10 also had some success with Sarah Pitcher, Sarah Gabrielides and Gerard Lavictoire all tying for the best in their year. They along with Joe Heeley, Will Woodward and Robert Wright achieved a Silver award. The Bronze awards in year 10 went to Danny Jones, Cameron Morgan, Nathan Westcott, Adam Johnson, Chey Biddlecombe and Harry Roadnight.

This year we entered some of our Year 9 for the first time and are very pleased to say that Dominic Mumford was awarded the Silver Award and Bobby-Joe White the Bronze Award.

Huge congratulations to all those who took part.

## UK Maths Trust Team Competition

The UKMT Team Challenge is a competition which gives pupils the opportunity to tackle a variety of engaging mathematical activities while developing teamwork and communication skills. They also give pupils the opportunity to compete against pupils from other schools in our area. There were 25 schools altogether at the event. This year our team consisted of Phoebe Brown and Harriet Hastings from Year 9 and Malik Kellow and Morgan Wells from Year 8. They competed in a number of different rounds from number crosswords to relays.

### FMSP Maths Feast

For the first time this year we took two teams to the year 10 Maths Feast at Lucton School. This is an enjoyable and challenging team competition testing mathematical, team-working and communication skills. It was great fun and challenged all our pupils at all levels. There was one round challenging them to think about complex numbers – a hint at A level.

Our teams consisted of Sarah Pitcher, Sarah Gabrielides, Gerard Lavictoire, Joseph Heeley, William Woodward, Robert Wright, Daniel Jones and Cameron Morgan.



## Maths Square Off

This is an annual competition held at the Hereford Sixth Form College for KS3. This year we took a team consisting of Phoebe Brown, Jacob Cooper, Joe Evans, Tom Garlick, Charlotte Gwilliam-Gardner, Harriet Hastings, Dom Mumford and Katie Watkins. This is another event to evoke enthusiasm and inspire students about maths. They all needed lateral thinking, quick recall, mental and physical stamina for this high energy event.

For all the above events there was great team work demonstrated by all the members and an excellent effort from all the teams. Well Done.

## Year 8 – National Space Centre

Following the year 8 project on making and flying their own rockets they went to the National Space Museum. There they had a show in the Sir Patrick Moore Planetarium and completed the trails around the Galleries. They saw rockets and learnt about comets and the solar system. To finish the trip off they all had a go in the Spaceflight Induction module – motion simulator.





## Year 7 – Bletchley Park

This year following lessons on coding we took the majority of year 7 to Bletchley Park. Whilst there they all took part in a coding and cipher work shop where they all got to see and try one of the Enigma Machines. We had a tour around the park and time to explore ourselves. It was a fantastic day out. I don't think any of us knew that the locals had no idea that so many people had worked there or the full history of the place. I think we all felt that we would like to go back. The pupils made posters of their trip and what they had learnt about Bletchley Park and its significance in the war.



## Year 9 – Maths in Disney

We had another very successful 4 day trip to Disneyland this year. The group had a day in each of the parks, where they had to apply their maths skill to a number of task. One being calculating the ride capacity for several rides. They also attended seminars on how maths used in Disney from roller-coaster design to the shows, costumes and catering. At the roller coaster workshop they worked in groups to design their own roller coaster ride. They then had to present their designs to the Disney representative – I wonder if we gave them food for thought? The pupils were also persuaded to practise their French speaking when we were in restaurants and out and about. In one restaurant they once again commented on how well behaved all the pupils were and presented Ella Gough with a prize for speaking the best French.

## Number Day

On number day we raised money for the NSPCC. Staff wore pink t-shirts with numbers on which formed a part of a questions or answer for a quiz for students to complete, we had a very successful cake sale with many delicious cake varieties sold to all, and there was also a silent auction for staff members held along with a form competition to fill their form jar with the most money. Throughout the day all the lessons held were to have and element or numeracy with small competitions held in each department.



## Year 10 Geography River Trip

Recently the Year 10 Geography students went to the Grwyne Fawr river, just north of Abergavenny, to undertake a river study. The aim of the visit was to collect data for their controlled assessment which involves investigating how the long profile of the river changes as we travel downstream. This involved collecting measurements of the river, such as the width, depth, gradient, velocity and pebble size at different sites and seeing how they change. The week prior to the trip saw a lot of rainfall, however we were lucky the day of the trip remained dry. Unfortunately, the same could not be said for a couple of students, who managed to slip over in the river! Fortunately, we had some spare clothes for them to change in so they didn't stay wet for long!

During the day we collected the data required and the students are now in the process of writing up and explaining their findings. One of the groups also found a wallet by the river which we were able to return to its owner as it also contained some ID. Apparently the owner, who lives in London, had lost it several months earlier on a visit to the area! He was, however, grateful for its return, since the wallet apparently contained a (rather wet!) winning lottery ticket!

**Mr Booy**

## Duke of Edinburgh Award

Since the school became a Directly Licenced Centre earlier in the year, a group of 14 Year 9 and Year 10 students have started working towards achieving their Bronze Award. The students are currently busy undertaking their 3 month challenges in various activities to meet the Physical, Skills and Voluntary sections of the award.

Some of the activities students are doing include canoeing, fencing, learning to play an instrument, baking cakes and helping in the school library at lunchtimes. In addition, the group meet every Thursday after school to develop their expedition skills. So far the after school sessions have included practising pitching tents, developing route planning and cooking some food on camping stoves. We also went on a local walk with the intention of walking from school to Locks Garage for a well-earned ice cream!

Unfortunately, the group got a little lost and also found many of the footpaths we had planned to use were overgrown and unpassable, which resulted in the walk having to be cut short. We did, however, make it to Lock's Garage – in the school minibus! The group will be doing their practice hike in September before doing their assessed hike next Easter.

**Mr Booy**

## Year 7 trip to Longtown Castle

During the penultimate week of school the year 7 students were invited to a local archaeological dig site next to Longtown Castle. The project was initiated by Longtown and District Historical Society and funded by the Heritage Lottery Fund, Historic England and the Historical Society.

This trip took advantage of a 3 week excavation of a site near Longtown Castle. The purpose of the excavation is to explore why Longtown Castle has a secondary outer Bailey and try to explain its proximity to the nearby site of Ponthendre Castle recorded around 1100. The students were also able to see what had been uncovered from the excavation.

The students have studied castles and life during the Normans this year and the last newsletter showed the 3d models of castles they had made. This trip was an excellent opportunity to put those topics into context and give some real meaning to what they have studied in class.

The visit consisted of a guided tour of the mostly intact Longtown Castle site with a local archaeologist and medieval historian. Students were able to see and examine some of the medieval weaponry that was used during the time of this 12th century castle. They were invited to imagine how they would attack and defend a stone Motte and Bailey castle such as this one. The students were given detail of what life would have been like in 1150 and the surroundings gave them a sharper understanding.

**Mr East**



# DT Resistant Materials Coursework



## Royal International Air Tattoo Visit

On Friday, 42 year 9 and 10 students visited the “Royal International Air Tattoo” at RAF Fairford. We arrived just in time to see the Duke and Duchess of Cambridge and Prince George greeting many of the pilots and ground staff, we were then treated to a mind-blowing air display.

The students got to see a range of the world’s best aircraft, put through their paces by the world’s best pilots, culminating in an incredible display from the Red Arrows. The trip was organised by the Design and Technology department, with a focus on STEM (Science, Technology, Engineering and Maths). The students were able to visit many engineering companies and have the opportunity to try their hand and design and making tasks. A fantastic day was had by all.



# The Egg Drop Challenge

One of the benefits of working as an Academy is that our primary students benefit from specialist teaching and resources. The Egg Drop Challenge was Year 6's DT project with Mr Dixon - they looked at research and strategies used by NASA regarding cushioning /protecting delicate equipment used in space missions e.g. landing cameras on Mars! There was clearly a lot of great teamwork and scientific thinking involved and is a super example of the benefits our children enjoy through the partnership.



## Army Careers Day

The careers open day at Worthy Down Barracks was open to years 9 and 10 and the aim was to show students the range of Catering careers available in the armed forces.

Students were given a tour of the kitchens, demonstrations of bread making and were able to see Army students at work. Major Symmonds took our school on the tour describing an Army soldier's typical day, pay and progression. The chocolate displays and pizza making ovens were probably our favourite exhibits!



# Year Six is Moving On

At Kingstone and Thruxton Primary school the Year 6s are celebrating some fantastic SATS results and are getting ready to move on to High School



## Three Counties Show

On what started out to be a very wet summer's day, Year 6, Year 3, along with teachers and parent volunteers took the coach to the Malvern Showground. Luck was with us and we had a gloriously dry day, although wellies were essential under foot. To compliment the science lessons on nutrition, we attended a workshop by Go Faster Food. We learnt directly from Olympic athletes, the importance of food nutrition to help you go faster. We made and tasted delicious Energy Balls from dates, honey and coconut, Banana and Oat Pancakes and even cycled to turn a liquidiser to make a strawberry and apple smoothie. Very tasty and informative.

Whilst eating our picnic lunches, groups watched The Kings Troop Horse Artillery perform in front of Princess Royal and crowds of spectators: a poignant moment in the year of the Queen's 90th birthday.

## Year 6 Crucial Crew

On Wednesday 22nd June Year 6 attended the annual day of safety workshops organised by West Mercia. They joined other schools in the county and split into mixed groups. There were a total of ten workshops, which covered vital safety messages about fire, water, electricity, Internet, farms and railways. When Year 6 children were asked to write a review, the most popular workshop was that run by Network Rail. The children said the speaker was 'entertaining as well as delivering important messages'.

A close second was HWFR (Hereford and Worcester Fire and Rescue) 'smoke house' which is always very popular, children look forward to it every year. One Fireman commented on our group being the best group he had had and that the children were a credit to the school!



## Art Week

During Art Week Year 6 looked at 'Maths in Art' – having studied Bridget Riley, inspiration came from her Op-Art. Children copied and designed their own artwork which was drawn onto cube templates. We created an exhibit of decorated cubes which had to be measured, drawn accurately and constructed from paper and card. These were exhibited in the school's Art Gallery.



## Bikeability

June has been very busy in Year 6 starting with an intensive days training with Bikeability. Everyone who participated was presented with certificates.

## Year 6 Maths Trail

Have you ever wondered how tall the tallest tree is on our school field? Or how many apple pies you can make from the apples in the orchard? These were some of the questions and challenges that Year 6 children were set. It extended their learning in maths. You can see from the photographs what fun we had working and learning outdoors.

# A busy year in Music and Performing Arts at Kingstone!



Since Christmas the Year 11s have been madly preparing for their exams, both in Music and Performing Arts. The Performing Arts students did incredibly well coming up with their own showcase performances to the theme of "Inside Out", which they performed in April – we had showcases about remixed fairy tales, family drama, and World War II resilience. Congratulations to all the Year 11s, and good luck in the future!

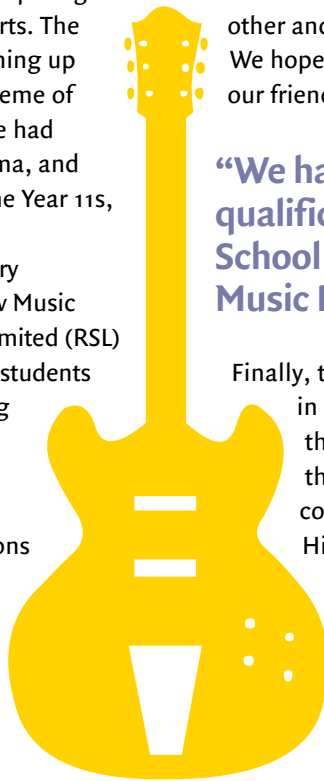
The post-Christmas time at the school saw a very exciting change in KS4: we have introduced a new Music qualification in year 10. This is the Rock School Limited (RSL) Level 2 Certificate in Music Performing, aimed at students who want to focus on developing their performing skills. We are very excited to be able to offer two different but complementary qualifications in the future.

We spent much of this year building connections with local schools and organisations. The Hereford College of Arts came to Kingstone to perform and also to lead workshops with the Year 8s and Year 11s, both to great enthusiasm from the students. The GCSE students (both Year 10 and Year 11) also came together with students from Weobley High School and

Whitecross High School, where they bravely performed for each other and received feedback from the teachers and students. We hope this will be the first of many collaborations with our friends around Herefordshire.

**"We have introduced a new Music qualification in year 10 which is the Rock School Limited (RSL) Level 2 Certificate in Music Performing"**

Finally, this has been a good year for new beginnings in extra-curricular activities. The school hosted the KS2 Sing Spring In Festival (organised by the Music Pool), with over 150 primary students coming to Kingstone to make music. The Kingstone High School Choir then performed at the KS3/4 Sing Spring In Festival (hosted at Aylestone College), singing with the other schools and also performing "Seasons of Love" solo. The summer term also saw the creation of the new Performing Arts Club, which combines singing and acting and drawing from a wide range of talent across the school.



## Join us in supporting the school

The Friends of Kingstone High School have had a very successful year

Back in November we held our first Christmas Market which was supported by over 30 local traders and attracted many shoppers, with staff, parents and local residents all coming along to enjoy the evening. We plan to make this an annual event, so put 1st December 2016 in your diaries now so you don't miss out.

We also held our second Wassail, where we mixed Wassailing traditions of Morris dancing and celebrating local cider with some more modern live music and a pig roast. Everyone who attended had a great time, and have already said how much they are looking forward to the 2017 Wassail.

The summer this year saw us joining together with the PTA from the primary school to hold a Kingstone Academy Fun Day. It is the first time the two schools have come together to put on an event and it was a great success. Many of our staff, students and families came along and enjoyed a great afternoon of live music, fun stalls and BBQ.

It was great to see the effort so many of you had gone to with your stalls and to see so many students coming along and getting involved.

We still have a bit of money to calculate for but at the moment it looks like the event has made £1,557.86 profit. This is a fantastic amount to have raised for our schools.

Thank you to everyone who has come along to events, brought raffle tickets or kindly donated to us this year. I particular we would like to thank our sponsors for the Summer Fun Day, Spectra Group Ltd, Allensmore Nurseries, Locks Garage and James and Williams Ltd.

If you would like to support the PTA there are many ways in which you can get involved, from being on the committee to baking cakes for events. If anybody else feels they could give a bit of time to the PTA we would be very grateful, so please do get in touch via the school.

**Julie Wells**



## All Schools Rugby Programme

In our second year on the All Schools Rugby Programme we were lucky to have some excellent coaches from Bromyard RFC that led the rugby curriculum and training for both boys and girls. For the first time we entered a U14 girls team and hosted a girls' festival with our team ending as runners up. In the third year of the programme we, as a school, take a more active part of coaching and leading sessions and this year we were able to have Pat Hill the RFU Community Coach for Herefordshire come into school and deliver some rugby leadership qualifications for some of our pupils. We look forward to them delivering training sessions next academic year.



## Herefordshire District Athletics

This year we had a number of our students qualify to represent Herefordshire in the District Athletics in Worcester. All our athletes performed well and our stand out performers in the County Championships were Joseph Heeley who followed up his 1st place at the Cross Country Championships with a 1st place in the 1500m. Rob Wright won the 3000m, Jessica Harrison finished 2nd in the 3000m and Natasha Exley, Megan Swift and Will Thomas finished 3rd in their events. In the minor championships year 7/8 the heavens opened several times with prolonged torrential rain which affected a number of events however Jake Worwood came 2nd in the shot put and Fynn Davies 3rd in the Javelin.

**Mr Buckley**



## Sky Sports Living for Sport programme

In our 2nd year on the Sky Sports Living for Sport programme we were pleased to welcome Sky Ambassador and Welsh Womens Rugby International and Bristol winger Philippa Tuttiett who worked with our year 9 pupils to deliver various lessons to primary pupils.

### CONTACT US

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